

DIABETES MANAGEMENT

VITAL TO YOUR PATIENT'S HEALTH



1 in 4 Americans 65 and older have Diabetes. People with diabetes are shown to have more medications, medical complications, hospital stays and need more clinical visits than those without diabetes.

It can be challenging and overwhelming for patients living with diabetes. Through our home health services, VitalCaring can customize plans to help patients succeed at achieving optimal health and happiness. Our home health services go beyond the traditional and basic approach to chronic condition management by providing an action plan that empowers your patients to better manage their health.

VITALCARING CAN HELP REDUCE HOSPITALIZATIONS AND ED VISITS BY IDENTIFYING AND MITIGATING COMPLICATIONS EARLY

ACTIONABLE DISEASE SPECIFIC MANAGEMENT

01



A dedicated interdisciplinary team of nurses, therapists and social workers focused on a holistic approach to meeting the needs of the patient

02



Medication Management and pharmacy consolidation

03



Patient education resource and Zone Tool for early symptom recognition and control; reducing preventable hospitalizations and ED visits

04



Patient Action Plan for development of a healthy diabetic lifestyle to guide self-management focused on diet, exercise, and foot care



Patient education is an important component of our chronic condition management program. Zone Tools, a one-page reference guide, is used by our clinicians to educate home health patients in managing common health conditions such as Heart Failure, Diabetes, or Hypertension. Zone Tools are designed to:

- + Promote patient self-management of the disease process
- + Teach the patient about symptom awareness and the timing of actions to be taken
- + Engage the patient in their personal health and educating them on their ability to positively impact their health
- + Encourage the patient to communicate with the home health agency and/or their healthcare provider



VitalCaring is a national leader in the home health care and hospice industry. We're serving patients throughout the Southern United States, including Texas, Oklahoma, Louisiana, Mississippi, Alabama and Florida.

From our base in the South, we're expanding to serve even more communities nationwide. Call us today to find out more about the markets we serve.



**SCAN THE QR CODE FOR
SERVICES NEAR YOU.
VITALCARING.COM**