

# COMPLEX SKIN AND WOUND MANAGEMENT

## VITAL TO YOUR PATIENT'S HEALTH



At VitalCaring, we recognize that wound management is a crucial aspect of patient well-being, and our dedicated team is equipped to address a spectrum of wound complexities. Utilizing evidence based protocols and best practice guidelines, Vitalcaring can help heal costly and painful wounds for your patients.

### 5 KEY ASPECTS OF HOME HEALTH WOUND MANAGEMENT

01



#### **Comprehensive Care to Foster Healing:**

Central to successful wound recovery is comprehensive care. By promoting the repair of damaged skin tissue and bolstering the body's defense against infection, we facilitate the healing process. We guide patients on lifestyle adjustments, enhance nutrition, and improved functional mobility to protect skin integrity.

02



**Infection Prevention:** Infection is one of the most serious complications of wounds and skin conditions. VitalCaring staff adheres to and is trained in the Aseptic Non-Touch Technique (ANTT) during invasive procedures which are integral components of our approach. Our emphasis lies in preventing infections before they occur.

03



**Collaborative Approach:** Communication is key in delivering comprehensive care. The VitalCaring team ensures seamless coordination among healthcare providers and can provide you with a comprehensive wound care summary.

04



**Advanced Wound Care Solutions:** The VitalCaring team partners with McKesson to help select the most effective wound care products considering the unique needs of each patient. We educate patients on proper product usage, ensuring safe and effective application.

05



**Progress Monitoring through Wound Photography:** Facilitating prompt evaluation, our use of wound photography enables providers to monitor treatment effectiveness.

**At VitalCaring, we are committed to delivering exceptional skin and wound management to our patients by promoting healing, preventing complications, and improving overall health outcomes in the comfort of their homes.**



## Wound Management Zones

### WHICH ZONE ARE YOU IN?

#### GREEN ZONE – GOOD TO GO



- + No pain or mild pain
- + Little or no drainage, clear or pink in color
- + Wound is light red or pink, no odor
- + Getting smaller in size and depth
- + No fever
- + Little or no swelling around wound

#### YOU'RE DOING GREAT! KEEP IT UP!

- + Keep caring for wound as instructed
- + Take medicines as ordered
- + Keep all medical appointments
- + Eat foods high in protein and vitamin C, unless contraindicated
- + Drink plenty of fluids

#### YELLOW ZONE – CAUTION



#### CHANGES TO YOUR MEDICATION MAY BE NEEDED

- + Red and warm to touch
- + Green, yellow, or bloody drainage
- + Bad odor
- + More pus, taking more pain medicine
- + Fever of 100 degrees for more than 24 hours
- + Getting larger or deeper, more swelling
- + Feeling weak

**ACT TODAY – CALL YOUR HOME HEALTH CLINICIAN OR YOUR PHYSICIAN.**

#### RED ZONE – EMERGENCY



#### YOU NEED TO BE SEEN RIGHT AWAY

- + Large amount of bleeding
- + Severe pain in the wound or bone pain (in an arm, or leg wound)
- + Swelling, odor, green or yellow drainage
- + Vomiting, diarrhea
- + Fever of 100 degrees or higher, chills and weakness after being on antibiotics for 48 hours

**ACT NOW – CALL YOUR HOME HEALTH CLINICIAN, OR YOUR PHYSICIAN, OR GO TO THE ER.**



**SCAN THE QR CODE FOR  
SERVICES NEAR YOU.  
VITALCARING.COM**